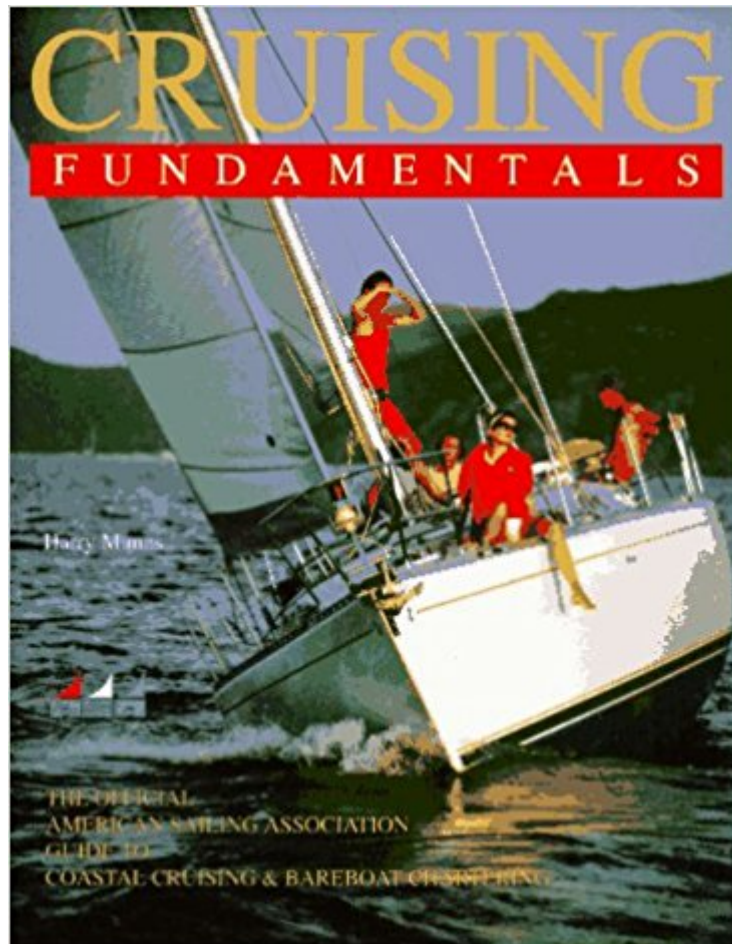




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Cruising Fundamentals



Synopsis

Written to complement the ASA's teaching methods, Cruising Fundamentals addresses small-boat daysailors who wish to move on to overnight cruising in a larger boat-one more than 27 feet long. The book leads the reader through five progressively more advanced levels of boat handling, each divided into sections covering knowledge and techniques that can be learned ashore and those best learned underway. A chapter called "Sailing the Cruising Yacht, " for example, presents important information on readying the boat for sail, VHF radio protocol, and right-of-way rules before examining such topics as heaving-to and steering a compass course. This effective and logical progression makes the book a great learning tool not just for those graduating from smaller to larger sailboats or from daysailing to cruising, but for inactive sailors needing a refresher and for anyone planning bareboat charter. The volume includes material on all aspects of piloting, maneuvering under power, managing the galley, diesel maintenance, passagemaking, and anchoring.

Book Information

Paperback: 127 pages

Publisher: Intl Marine Pub Co; 1st ed edition (March 1992)

Language: English

ISBN-10: 0877423342

ISBN-13: 978-0877423348

Product Dimensions: 0.2 x 8.2 x 10.8 inches

Shipping Weight: 13.6 ounces

Average Customer Review: 3.1 out of 5 stars 19 customer reviews

Best Sellers Rank: #1,177,708 in Books (See Top 100 in Books) #15 in Books > Sports & Outdoors > Outdoor Recreation > Sailing > Navigation #1035 in Books > Sports & Outdoors > Outdoor Recreation > Boating #3127 in Books > Sports & Outdoors > Water Sports

Customer Reviews

“It picks up where the beginner's book leave off. . .Everything needed to make the first weeklong liveaboard cruise in safety and comfort is here.” (Sail) --This text refers to an out of print or unavailable edition of this title.

After nearly a decade of teaching and training instructors for the American Sailing Association, I was given the opportunity to write a book. I began considering the manuscript by injecting a few of my opinions into the mix. First and foremost, I sincerely believe sailing is easy. Many of the other books

I'd seen seemed to try to make it more difficult by including lots of technical information. Cruising Fundamentals would do the opposite. It would take the moderately complicated elements of intermediate sailing and break them down into simple, descriptive terms. I also wanted the material in the book to follow the logical path of a sailing course. Most intermediate sailing courses begin with simple material such as familiarizing students with the boat. They then progress toward the end of the course hitting some predictable milestones along the way. I believe Cruising Fundamentals has been organized in this manner. My other primary objective was to keep it fun. In my opinion, it's a tragedy for people with a healthy curiosity about sailing to become overwhelmed by concerns it may be too complicated and technical. A sailing course shouldn't be presented like physics or engineering (no offense meant to physicists or engineers, but most people seeking recreation don't gravitate toward such subjects). You do it for fun so learning it should be equally fun. Finally, I had the benefit of hundreds of students' and instructors' questions and difficulties with the material in the book. Reflecting on which topics caused the most problems and solutions I had found, allowed me to present the subject matter in what I believe is a clear, concise and effective manner. I sincerely hope you like the book and that its lessons provide you with a lifetime of challenge, fun and excitement. Harry Munns Marina del Rey, CA March, 1999 --This text refers to an out of print or unavailable edition of this title.

Happy with the purchase.

This is a fine book, along with Sailing Fundamentals, if you're taking the corresponding ASA course(s). All the information is valid but is geared to passing the course as opposed to just teaching sailing. Additionally, my ASA course instructor said that ASA is getting ready to drop both of these books.

Good book for Sailing school.

Any sailor will enjoy the read !!

Good bargain.

Good refresher pre-chartering in BVI.

I have never been cruising and really did not find this book to be very enlightening. It was VERY basic. You can expect things like "This is the hull, this is the sail" kind of stuff. I was really looking for more advanced topics like weather, emergency situations, planning a long distance cruise, etc. This book is really for those of you thinking about buying a sailboat for cruising and have absolutely no boating experience. It touches on basic troubleshooting (and I mean basic) but does not really go in depth. I also purchased SAILING FUNDAMENTALS by Gary Jobson (Author), and found this book to be worth every penny. I would only recommend Cruising Fundamentals to those of you dreaming of cruising in the future, not very useful for anyone actually doing it. I would rate this book at a high-school reading level.

I'd learned the basics of keelboat sailing just this past summer, and was ready to take it to the next level, obtaining an ASA Bareboat Skipper's license, which I just completed. This book was recommended reading by the sailing school, and after having read the book, and completed the course, I consider the book a complete waste of time. The book is out of print, and so, though the cover price is only about \$16 or so, I paid over \$50 for a used copy on . I should not have bothered. The book was written about 25 years ago. The black and white photography is amateurish. The book attempts to explain complex subjects, let's say, coastal navigation with an overdose of textual descriptions, and very little in the way of hands-on "how to do". All subjects are given very cursory attention, and I found the layout itself.....jumping around from one subject to the next in an illogical order, very incoherent. One thing I discovered at the school is that there is a NEW bareboat charter book which has been US Sailing Association approved. The school had it for sale, but because I took my course in Thailand, they were selling it for a premium price. I browsed it, and it is much better. I'll be purchasing a copy via . The name of the better book is: Bareboat Cruising. Buy that one, not this one.

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